

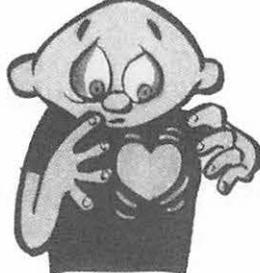
HYPOGLYCEMIA

(Low Blood Glucose)

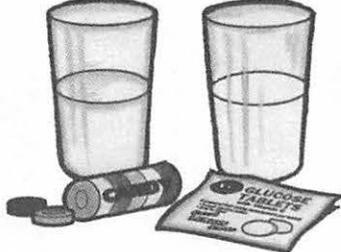
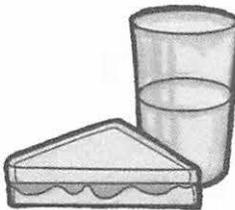
Causes: Too little food, too much insulin or diabetes medicine, or extra exercise.

Onset: Sudden, may progress to insulin shock.

SYMPTOMS

 <p>SHAKING</p>	 <p>FAST HEARTBEAT</p>		
 <p>SWEATING</p>	 <p>ANXIOUS</p>	 <p>DIZZINESS</p>	 <p>HUNGER</p>
 <p>IMPAIRED VISION</p>	 <p>WEAKNESS FATIGUE</p>	 <p>HEADACHE</p>	 <p>IRRITABLE</p>

WHAT CAN YOU DO?

 <p>Drink 1/2 glass of orange juice or skim milk, or eat several hard candies.</p>	 <p>TEST BLOOD GLUCOSE If symptoms don't stop, call your doctor.</p>	 <p>Within 30 minutes after symptoms go away, eat a light snack (a 1/2 peanut butter or meat sandwich and a 1/2 glass of milk).</p>
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Treatment may vary with different medications.